

Top 8 Rope Skipping

Formen alleine



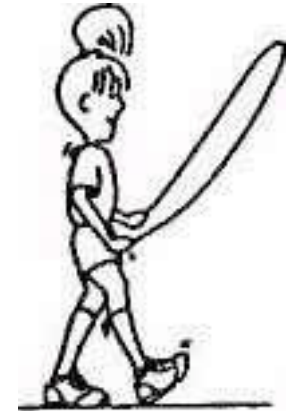
Skier



Side Straddle



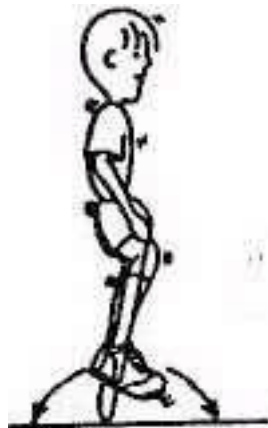
Twister



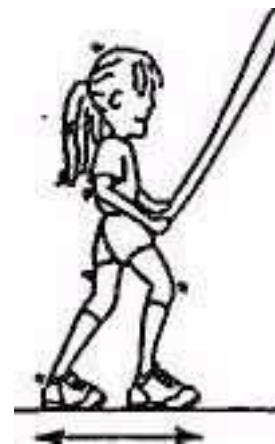
Side Step



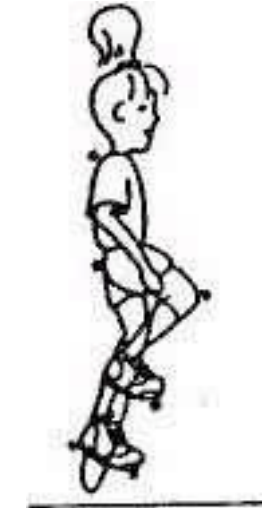
X



Bell



Forward Straddle



High Step